

COURSE OVERVIEW HE0024 Certified Trainer on Fall Arrester

Course Title

Certified Trainer on Fall Arrester

Course Reference

HE0024

Course Duration/Credits

Five days/3.0 CEUs/30 PDHs

Course Date/Venue

Session(s)	Date	Venue
1	January 12- 16, 2025	Boardroom 1, Elite Byblos Hotel Al Barsha, Sheikh Zayed Road, Dubai, UAE
2	April 21- 25, 2025	Ajman Meeting Room, Grand Millennium Al Wahda Hotel, Abu Dhabi, UAE
3	June 29- July 03, 2025	Al Khobar Meeting Room, Hilton Garden Inn, Al Khobar, KSA
4	October 05- 09, 2025	Oryx Meeting Room, Double Tree by Hilton Al Saad, Doha, Qatar



Course Description



This practical and highly-interactive course includes real-life case studies and exercises where participants will be engaged in a series of interactive small groups and class workshops.

This course is designed to meet the requirement of current health and safety regulations within the petrochemical and but has equal focus in the general industry where personnel are required to carryout their tasks at heights and/or in an “at risk area”. It will provide participants with an understanding of their responsibilities when working in areas where fall hazards exist, the use of and inspection of the required equipment and the critical controls necessary to reduce the risk of a fall.

The course is also designed to train the trainer to meet the requirement of the correct and safe use of fall arrester (protection) equipment legislated by Occupational Health and Safety Act (OSHA) and is focused on their correct and safe use; the systematic method of inspection, storing and maintenance of the fall arresters; the proper use of fall protection equipment in accordance with safety rules and regulations.

Course Objectives

Upon the successful completion of this course, you will be able to:-

- Get certified as a “*Certified Trainer – Fall Arrester*”
- Discuss adult learning, implement experiential learning and communicate effectively
- Explain training need analysis
- Improve presentation skills and training styles and techniques
- Prepare training materials, illustrate training methods, tools and their use and identify the characteristics of successful trainers
- Deliver with confidence
- Familiarize the correct and safe use of fall arresters and discuss various applications within the facilities
- Apply systematic techniques and methodology and skills of adult teaching, lesson planning and develop objectives and goals of each group and recognize how to measure the learning
- Write a lesson plan, peer review and score
- Expand training methodology for the correct and safe use of fall arresters and apply adult practical training using a risk assessment

Exclusive Smart Training Kit - H-STK®



Participants of this course will receive the exclusive “Haward Smart Training Kit” (H-STK®). The H-STK® consists of a comprehensive set of technical content which includes **electronic version** of the course materials, sample video clips of the instructor’s actual lectures & practical sessions during the course conveniently saved in a **Tablet PC**.

Who Should Attend

This course provides an overview of all significant aspects and considerations on fall arrest for all fall arrest trainers.

Exam Eligibility & Structure

A. Option-1: Degree Holders

- (a) a degree from a recognized university in any subject;
- (b) Minimum 2-years proven experience in the HSE function certified by employers **or** holder of Minimum **12 CEUs** accredited by **IACET**.

B. Option-2: Diploma Holders

- (a) a 2-year diploma from a recognized college in any subject;
- (b) Minimum 5-years proven experience in HSE function certified by employers **or** holder of Minimum **30 CEUs** accredited by **IACET**.

C. Option-3: Experienced Individuals

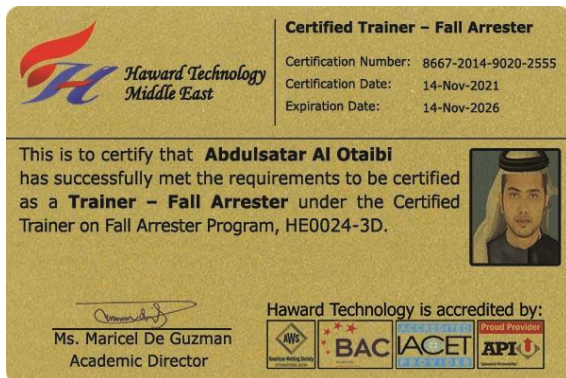
- (a) Minimum of 10-years proven experience in HSE function certified by employers **or** minimum of 5-years proven experience in HSE function and **30 CEUs** accredited by **IACET**.

Course Certificate(s)

- (1) Internationally recognized Competency Certificates and Plastic Wallet Cards will be issued to participants who completed a minimum of 80% of the total tuition hours and successfully passed the exam at the end of the course. Successful candidate will be certified as a “*Certified Trainer – Fall Arrester*”. Certificates are valid for 5 years.

Sample of Certificates

The following are samples of the certificates that will be awarded to course participants:-





- (2) Official Transcript of Records will be provided to the successful delegates with the equivalent number of ANSI/IACET accredited Continuing Education Units (CEUs) earned during the course.

Haward Technology Middle East
Continuing Professional Development (HTME-CPD)

CEU Official Transcript of Records

TOR Issuance Date: 14-Nov-21
HTME No. 3658-6717-6364-9527
Participant Name: Abdulsttar Al Otaibi

Program Ref.	Program Title	Program Date	No. of Contact Hours	CEU's
HE0024-3D	Certified Trainer on Fall Arrester	12 Nov-14 Nov, 2021	18	1.8

Total No. of CEU's Earned as of TOR Issuance Date: 1.8

TRUE COPY
Manoel De Guzman
Manoel De Guzman
Academic Director

Haward Technology has been approved as an Authorized Provider by the International Association for Continuing Education and Training (IACET), 2201 Cooperative Way, Suite 600, Herndon, VA 20171, USA. In obtaining this approval, Haward Technology has demonstrated that it complies with the ANSI/IACET 1:2013 Standard which is widely recognized as the standard of good practice internationally. As a result of their Authorized Provider status, Haward Technology is authorized to offer IACET CEUs for programs that qualify under the ANSI/IACET 1:2013 Standard. Haward Technology's courses meet the professional certification and recertification requirements for participants seeking Continuing Education Units (CEUs) in accordance with the rules & regulations of the International Association for Continuing Education & Training (IACET). IACET is an international authority that evaluates programs according to strict, research-based criteria and guidelines. This CEU is an internationally accepted uniform unit of measurement in qualified courses of continuing education.

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HT-CIP® Stamp

Each successful candidate will be given a unique instructor number and a self-inking stamp valid for 5S years. Instructor's name and Haward Technology Certified Instructor Number will appear in the stamp as per the following sample:-



In order to maintain this certification, Certified Instructors must fulfil the quality requirements by Haward Technology as stated in Haward Quality Document number QAD 872 (System for the Assessment & Certification for Instructors & Trainers).

Certificate Accreditations


Certificates are accredited by the following international accreditation organizations: -

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The International Accreditors for Continuing Education and Training (IACET - USA)

Haward Technology is an Authorized Training Provider by the International Accreditors for Continuing Education and Training (IACET), 2201 Cooperative Way, Suite 600, Herndon, VA 20171, USA. In obtaining this authority, Haward Technology has demonstrated that it complies with the **ANSI/IACET 2018-1 Standard** which is widely recognized as the standard of good practice internationally. As a result of our Authorized Provider membership status, Haward Technology is authorized to offer IACET CEUs for its programs that qualify under the **ANSI/IACET 2018-1 Standard**.

Haward Technology's courses meet the professional certification and continuing education requirements for participants seeking **Continuing Education Units (CEUs)** in accordance with the rules & regulations of the International Accreditors for Continuing Education & Training (IACET). IACET is an international authority that evaluates programs according to strict, research-based criteria and guidelines. The CEU is an internationally accepted uniform unit of measurement in qualified courses of continuing education.

Haward Technology Middle East will award **3.0 CEUs** (Continuing Education Units) or **30 PDHs** (Professional Development Hours) for participants who completed the total tuition hours of this program. One CEU is equivalent to ten Professional Development Hours (PDHs) or ten contact hours of the participation in and completion of Haward Technology programs. A permanent record of a participant's involvement and awarding of CEU will be maintained by Haward Technology. Haward Technology will provide a copy of the participant's CEU and PDH Transcript of Records upon request.

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British Accreditation Council (BAC)

Haward Technology is accredited by the **British Accreditation Council** for **Independent Further and Higher Education** as an **International Centre**. BAC is the British accrediting body responsible for setting standards within independent further and higher education sector in the UK and overseas. As a BAC-accredited international centre, Haward Technology meets all of the international higher education criteria and standards set by BAC.

Accommodation

Accommodation is not included in the course fees. However, any accommodation required can be arranged at the time of booking.



Course Instructor(s)

This course will be conducted by the following instructor(s). However, we have the right to change the course instructor(s) prior to the course date and inform participants accordingly:



Dr. John Petrus, PhD, MSc, BSc, is a Senior HSE Consultant with over 30 years of onshore & offshore experience within the Oil & Gas, Refinery and Petroleum industries. His wide experience covers in the areas of HAZOP & HAZID, HAZMAT & HAZCOM Storage & Disposal, As Low as Reasonably Practicable (ALARP), Process Hazard Analysis (PHA), Process Safety Management (PSM), Hazardous Materials & Chemicals Handling, Pollution Control, Environment, Health & Safety Management, Process Risk Analysis, Effective Tool Box Talks, Construction Sites Safety, HSSE Management System, HSSE Audit & Inspection, HSEQ Procedures, Authorized Gas Testing, Confined Space Entry & Rescue, Risk Management, Quantitative & Qualitative Risk Assessment, Working at Height, Firefighting Techniques, Fire & Gas Detection System, Fire Fighter & Fire Rescue, Fire Risk Assessment, HSE Industrial Practices, Manual Handling, Rigging Safety Rules, Machinery & Hydraulic Lifting Equipment, Warehouse Incidents & Accidents Reporting, Incident & Accident Investigation, Emergency Planning, Emergency Response & Crisis Management Operations, Waste Management Monitoring, Incident Command, Job Safety Analysis (JSA), Behavioral Based Safety (BBS). Further he is also well versed in Materials for Construction & Repair of Concrete, Concrete Structures & Building Rehabilitation, Reinforced Concrete Structures Protection, Building Construction Technology, Construction Operations & Civil Engineering Services, Building Management, Building Maintenance, Construction & Concrete Works, Construction Management, Construction Materials & Testing, Construction Safety, Predictive Maintenance in Construction, Construction & Facilities Development, Buildings & Diverse Plant Infrastructure, Planning & Monitoring the Progress & Quality of Work, Physical Planning & Operations, Rotating Machinery Principles & Applications, Rotating Equipment Selection, Operation, Maintenance, Inspection & Troubleshooting, Rotating Machine/Equipment in Industry, Control Valves & Actuators, Data Analytics for Managerial Decision Making, Business Process Analysis, Mapping & Modeling, Research Methods & Analysis, Statistical Data Needs Analysis, Oil & Gas Industry Business Environment & Competitive Intelligence Gathering & Analysis, Petroleum Economics & Risk Analysis, Certified Data Analysis.

During his career life, Dr. Petrus held significant positions and dedication as the **Executive Director, Senior Geoscience Advisor, Exploration Manager, Project Manager, Manager, HSE Engineer, Mechanical Engineer, Maintenance Engineer, Chief Geologist, Chief of Exploration, Chief of Geoscience, Senior Geosciences Engineer, Senior Explorationist, Senior Geologist, Geologist, Senior Geoscientist, Geomodeller, Geoscientist, CPR Editor, Resources Auditor, Project Leader, Technical Leader, Safety Supervisor, Team Leader, Senior HSE Consultant, Scientific Researcher and Senior Instructor/Trainer** from various international companies and universities such as the Dragon Oil Holding Plc., ENOC, MENA, ENI Group of Companies, Ocre Geoscience Services (OGS), Burren RPL, Ministry of Oil-Iraq, Eni Corporate University, Stanford University, European Universities, European Research Institutes, NorskHydro Oil Company, Oil E&P Companies, just to name a few.

Dr. Petrus has a **PhD in Geology and Tectonophysics** and **Master and Bachelor** degrees in **Earth Sciences** from the **Utrecht University, The Netherlands**. Further, he is a **Certified Instructor/Trainer**, a **Certified Trainer/Assessor/Internal Verifier** by the **Institute of Leadership & Management (ILM)**, a Secretary and Treasurer of Board of Directors of Multicultural Centre, Association Steunfonds SSH/SSR and Founding Member of Sfera Association. He has further published several scientific publications, journals, research papers and books and delivered numerous trainings, workshops, courses, seminars and conferences internationally.

Training Methodology

All our Courses are including **Hands-on Practical Sessions** using equipment, State-of-the-Art Simulators, Drawings, Case Studies, Videos and Exercises. The courses include the following training methodologies as a percentage of the total tuition hours:-

- 30% Lectures
- 20% Practical Workshops & Work Presentations
- 30% Hands-on Practical Exercises & Case Studies
- 20% Simulators (Hardware & Software) & Videos

In an unlikely event, the course instructor may modify the above training methodology before or during the course for technical reasons.

Course Fee

Dubai	US\$ 5,500 per Delegate + VAT . This rate includes H-STK® (Haward Smart Training Kit), buffet lunch, coffee/tea on arrival, morning & afternoon of each day.
Abu Dhabi	US\$ 5,500 per Delegate + VAT . This rate includes H-STK® (Haward Smart Training Kit), buffet lunch, coffee/tea on arrival, morning & afternoon of each day.
Al Khobar	US\$ 5,500 per Delegate + VAT . This rate includes H-STK® (Haward Smart Training Kit), buffet lunch, coffee/tea on arrival, morning & afternoon of each day.
Doha	US\$ 6,000 per Delegate. This rate includes H-STK® (Haward Smart Training Kit), buffet lunch, coffee/tea on arrival, morning & afternoon of each day.

Course Program

The following program is planned for this course. However, the course instructor(s) may modify this program before or during the course for technical reasons with no prior notice to participants. Nevertheless, the course objectives will always be met:

Day 1

0730 – 0800	<i>Registration & Coffee</i>
0800 – 0815	<i>Welcome & Introduction</i>
0815 – 0830	PRE-TEST
0830 – 0900	Familiarization of the Correct & Safe Use of Fall Arresters <i>Discussion of the Various Applications which Apply within the Company Facilities</i>
0900 – 0930	Adult Training theory <i>Learn the Methodology and Skills of Adult Teaching • Understand Lesson Planning • Develop the Objectives and Goals of Each Group • Understand How to Measure the Learning</i>
0930 – 0945	<i>Break</i>
0945 – 1030	Write a Lesson Plan, Peer Review & Score
1230 – 1245	<i>Break</i>
1245 – 1420	Expand Training Methodology for the Correct & Safe Use of Fall Arresters
1420 – 1430	Recap
1430	<i>Lunch & End of Day One</i>



Day 2

0730 – 0930	Implement Your Lesson Plan, Peer Review - DVD Video Recording
0930 - 0945	Break
0945 – 1030	Adult Training Practical - Using a Risk Assessment Apply the Methodology and Skills of Adult Teaching • Prepare and Present a Lesson Plan
1030 – 1230	Adult Training Practical - Using a Risk Assessment (cont'd) Discuss the Objectives and Goals of Each Group of Workers
1230 – 1245	Break
1245 - 1420	Adult Training Practical - Using a Risk Assessment (cont'd) Understand How to Measure the Learning
1420 - 1430	Recap
1430	Lunch & End of Day Two

Day 3

0730 – 0930	Refresh the OSHA Codes - Correct & Safe Use of Fall Arresters
0930 - 0945	Break
0945 – 1030	Practical Sessions A Demonstration in the Correct Method of Inspection, Storing & Maintenance of the Fall Arresters
1030 – 1230	Practical Sessions (cont'd) Demonstrate the Wearing and Using the Harness Equipment in Accordance with Safety Rules & Regulations
1230 – 1245	Break
1245 - 1420	Practical Sessions (cont'd) Implement Lesson Plan, Demonstration as Trainer – DVD Recording
1420 - 1430	Recap
1430	Lunch & End of Day Three

Day 4

0730 – 0930	Training Methodologies & Adult Learning
0930 – 0945	Break
0945 – 1100	Experiential Learning
1100 - 1230	Effective Communications
1230 – 1245	Break
1245 – 1420	Presentation Skills
1420 - 1430	Recap
1430	Lunch & End of Day Four

Day 5

0730 – 0930	Training Materials
0930 – 0945	Break
0945 – 1045	Characteristics of Successful Trainers
1045 – 1200	Delivering with Confidence
1200 – 1215	Break
1215 – 1300	Training Evaluation
1300 – 1315	Course Conclusion
1315 – 1415	COMPETENCY EXAM
1415 – 1430	Presentation of Course Certificates
1430	Lunch & End of Course





Practical Sessions

This practical and highly-interactive course includes real-life case studies and exercises:-



Course Coordinator

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