

# COURSE OVERVIEW HE1383 Safety Management Specialist (SMS) BCSP-SMS Exam Preparation Training

#### Course Title

Safety Management Specialist (SMS) BCSP-SMS Exam Preparation Training

#### Course Date/Venue

November 03-07, 2024/Ras Al Khaimah Meeting Room, The Tower Plaza Hotel, Dubai, UAE

(30 PDHs)

Course Reference

# Course Duration/Credits

Five days/3.0 CEUs/30 PDHs

#### Course Description







H-STKC INCLUDED

This practical and highly-interactive course includes real-life case studies and exercises where participants will be engaged in a series of interactive small groups and class workshops.

This course is designed to provide participants with a detailed and up-to-date overview of Safetv Management Specialist (SMS). It the covers techniques that encourage employee involvement and commitment to safety in the workplace; assessing safety, health and environmental training needs and requirements (regulatory and risk-based); conducting an internal safety, health and environmental audit; communicating safety expectations on multiemployer/contractor worksites and setting and prioritizing safety-related goals; and analyzing and evaluating safety, health and environmental risk and prevention through design concepts.

Further, the course will also discuss the hierarchy of controls and evaluating the effectiveness of selected control(s) in mitigating various types of hazards while considering the likelihood and severity; the acceptable levels of risk applicable to identified hazards and developing, utilizing and modifying a risk matrix; the best approach(es) for assessing risk in processes or systems and safety, health, and environmental hazards; interpreting and applying information related to hazard prevention and control management; and prioritizing safety, health and environmental risk.



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During this interactive course, participants will learn the elements in the globally harmonized system of classification and labeling of chemicals (GHS); the conditions or acts related to potential exposure to excessive noise levels and bloodborne pathogens or other infectious agents; the conditions or acts that can cause slips, trips, and falls and exposures to molds and allergens and reactions; the conditions that can lead to lead exposure, asbestos exposure, vibration exposure and potentially harmful radiation exposure; calculating incident and injury rates and conducting a vulnerability assessment to identify credible emergency scenarios; the common safety, health and environmental leadership strategies and conflict resolution techniques; interpreting and utilizing leading and lagging indicators to drive continual improvement; and the cost/benefit analysis and writing directives to meet safety objectives and activities.

#### Course Objectives

Upon the successful completion of this course, each participant will be able to:-

- Get prepared for the next Safety Management Specialist exam and have enough knowledge and skills to pass such exam to get the SMS exam certification from the Board of Certified Safety Professional (BCSP)
- Apply techniques that encourage employee involvement and commitment to safety in the workplace
- Assess safety, health and environmental training needs and requirements (regulatory and risk-based)
- Conduct an internal safety, health and environmental audit, communicate safety expectations on multi-employer/contractor worksites and set and prioritize safetyrelated goals
- Analyze and evaluate safety, health and environmental risk and apply prevention through design concepts
- Apply hierarchy of controls and evaluate the effectiveness of selected control(s) in mitigating various types of hazards while considering the likelihood and severity
- Determine acceptable levels of risk applicable to identified hazards and develop, utilize and modify a risk matrix
- Identify the best approach(es) for assessing risk in processes or systems as well as safety, health and environmental hazards
- Interpret and apply information related to hazard prevention and control management and prioritize safety, health and environmental risk
- Select, review and refine implemented safety, health and environmental controls to ensure effectiveness
- Apply and audit the elements in the globally harmonized system of classification and labeling of chemicals (GHS)
- Recognize conditions related to exposure to temperature extremes or acts related to
  ergonomic hazards associated with type of work, body positions or strain on the body
  from working conditions
- Describe conditions or acts related to potential exposure to excessive noise levels and bloodborne pathogens or other infectious agents
- Identify conditions or acts that can cause slips, trips, and falls as well as exposures to molds and allergens and reactions



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- Explain conditions that can lead to lead exposure, asbestos exposure, vibration exposure and potentially harmful radiation exposure
- Utilize resources to address, modify or eliminate hazards and noise
- Calculate incident and injury rates and conduct a vulnerability assessment to identify credible emergency scenarios
- Calculate causal analysis and report findings with recommendations and Identify gaps in an emergency response plan
- Apply common safety, health and environmental leadership strategies and conflict resolution techniques
- Communicate strategic safety, health and environmental activities, risks and performance information to stakeholders
- Facilitate or lead safety meetings and identify and develop a business case for additional budget, resources or other support
- Interpret and utilize leading and lagging indicators to drive continual improvement as well as the cost/benefit analysis
- Write directives to meet safety objectives and activities

## Exclusive Smart Training Kit - H-STK®



Participants of this course will receive the exclusive "Haward Smart Training Kit" (H-STK®). The H-STK® consists of a comprehensive set of technical content which includes electronic version of the course materials, sample video clips of the instructor's actual lectures & practical sessions during the course conveniently saved in a **Tablet PC**.

#### Who Should Attend

The course provides an overview of all significant aspects and considerations of safety management for safety professionals seeking advanced certification in their field.

#### Exam Eligibility & Structure

Exam Candidates shall have the following minimum prerequisites:-

- Academic and/or Training Requirement No specific academic or training requirement for the SMS certification
- Experience Requirement

To qualify for the SMS, candidates must have 10 years of experience in occupational health or safety with at least 35% of job task related to the management of safety-related programs, processes, procedures, and/or personnel



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# **BCSP-SMS** Certificate(s)

BCSP-SMS certificates will be issued to participants who successfully passed the (1) **BCSP-SMS** exam



(2) Official Transcript of Records will be provided to the successful delegates with the equivalent number of ANSI/IACET accredited Continuing Education Units (CEUs) earned during the course.

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## **Certificate Accreditations**

Certificates are accredited by the following international accreditation organizations: -

The International Accreditors for Continuing Education and Training (IACET-USA)

Haward Technology is an Authorized Training Provider by the International Accreditors for Continuing Education and Training (IACET), 2201 Cooperative Way, Suite 600, Herndon, VA 20171, USA. In obtaining this authority, Haward Technology has demonstrated that it complies with the ANSI/IACET 2018-1 Standard which is widely recognized as the standard of good practice internationally. As a result of our Authorized Provider membership status, Haward Technology is authorized to offer IACET CEUs for its programs that qualify under the ANSI/IACET 2018-1 Standard.

Haward Technology's courses meet the professional certification and continuing education requirements for participants seeking Continuing Education Units (CEUs) in accordance with the rules & regulations of the International Accreditors for Continuing Education & Training (IACET). IACET is an international authority that evaluates programs according to strict, research-based criteria and guidelines. The CEU is an internationally accepted uniform unit of measurement in gualified courses of continuing education.

Haward Technology Middle East will award 3.0 CEUs (Continuing Education Units) or 30 PDHs (Professional Development Hours) for participants who completed the total tuition hours of this program. One CEU is equivalent to ten Professional Development Hours (PDHs) or ten contact hours of the participation in and completion of Haward Technology programs. A permanent record of a participant's involvement and awarding of CEU will be maintained by Haward Technology. Haward Technology will provide a copy of the participant's CEU and PDH Transcript of Records upon request.

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#### British Accreditation Council (BAC)

Haward Technology is accredited by the British Accreditation Council for Independent Further and Higher Education as an International Centre. BAC is the British accrediting body responsible for setting standards within independent further and higher education sector in the UK and overseas. As a BAC-accredited international centre, Haward Technology meets all of the international higher education criteria and standards set by BAC.



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# Course Instructor(s)

This course will be conducted by the following instructor(s). However, we have the right to change the course instructor(s) prior to the course date and inform participants accordingly:



Mr. Raymond Tegman is a Senior HSE Consultant with extensive experience within the Oil & Gas, Petrochemical and Refinery industries. His broad expertise widely covers in the areas of Safety Management Specialist (SMS), Rigging Safety Rules, Machinery & Hydraulic Lifting Equipment, Handling Hazardous Chemicals, Spill Containment, Fire Protection, Fire Precautions, Incidents & Reporting, Accidents HSEQ Audits & Inspection, HSEQ Procedures, Environmental Awareness, Waste Management

Monitoring, Emergency Planning, Emergency Management, Working at Heights, Root Cause Analysis, HSE Rules & Regulations, Process Safety Management (PSM), Process Hazard Analysis (PHA), Techniques, HAZOP, HSE Risk, Pre-Start-up Safety Reviews, HSE Risk Identification, Assessments & Audit, HSE Risk Assessment & Management Concepts, HSE Management Policy & Standards, HSSE Emergency Response & Crisis Management Operations, Confined Space Entry, Quantitative Risk Assessment (QRA), Hazardous Materials & Chemicals Handling, Safety Precaution & Response Action Plan, Hazard & Risk Assessment, Task Risk Assessment (TRA), Incident Command, Accident & Incident Investigation, Emergency Response Procedures, Job Safety Analysis (JSA), Behavioural Based Safety (BBS), Fall Protection, Work Permit & First Aid, Lock-out/Tag-out (LOTO), Response. Construction Supervision, Scaffolding Emergency Inspection, HAZCHEM, Manual Material Handling, Road Traffic Supervision, ISO 9001 and OHSAS 18001.

During his career life, Mr. Tegman has gained his practical and field experience through his various significant positions and dedication as the Operations Manager, Safety & Manager, Safety Manager, **Road/Traffic** Supervisor. Maintenance Assessor/Moderator, Safety Consultant, Safety Advisor, Safety Officer and Liaison Officer from Zero Harm, SHRA Training & Services (Health & Safety), Road Crete, Balwin Property Development, DEME International, Gladstone Australia, Godavari Gas Pipeline and New Castle NCIG.

#### **Training Fee**

US\$ 5,500 per Delegate + VAT. This rate includes H-STK<sup>®</sup> (Haward Smart Training Kit), buffet lunch, coffee/tea on arrival, morning & afternoon of each day.

Exam Fee US\$ 680 per delegate + VAT.

# Accommodation

Accommodation is not included in the course fees. However, any accommodation required can be arranged at the time of booking.



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#### Training Methodology

All our Courses are including Hands-on Practical Sessions using equipment, State-ofthe-Art Simulators, Drawings, Case Studies, Videos and Exercises. The courses include the following training methodologies as a percentage of the total tuition hours:-

- 30% Lectures
- 20% Practical Workshops & Work Presentations
- 30% Hands-on Practical Exercises & Case Studies
- 20% Simulators (Hardware & Software) & Videos

In an unlikely event, the course instructor may modify the above training methodology before or during the course for technical reasons.

#### Course Program

The following program is planned for this course. However, the course instructor(s) may modify this program before or during the course for technical reasons with no prior notice to participants. Nevertheless, the course objectives will always be met:

	Domain 1: Management System (6.5 Hours)
Knowledge of	<ol> <li>Basic Elements of Contractor or Multi-Employer Worksite Safety Programs</li> <li>Competency/Skills Assessment Management Systems Relating to Worker Safety</li> <li>General Concepts of Effective Training</li> <li>Management of Change (MOC) Procedures Related to Organizational, Operational, &amp; Equipment Changes</li> <li>Managing Corrective Actions</li> <li>Principles &amp; Techniques Used in Internal Audits</li> <li>Principles, Concepts, &amp; Applicability of Basic Elements of Safety Management Systems</li> <li>Required Frequency of &amp; Need for Training &amp; Education</li> <li>Techniques &amp; Principles for Goal Setting</li> <li>The Process for Assessing Hazards Associated with New Products or Chemicals Introduced to the Workplace</li> <li>Unsafe Conditions &amp; Acts &amp; How they Relate to Incidents</li> <li>Leading &amp; Lagging Indicators</li> </ol>
Skill to	<ol> <li>Apply Techniques that Encourage Employee Involvement &amp; Commitment to Safety in the Workplace</li> <li>Apply Techniques That Encourage Management Commitment to Safety</li> <li>Assess Safety, Health, &amp; Environmental Training Needs &amp; Requirements (Regulatory &amp; Risk-Based)</li> <li>Conduct an Internal Safety, Health, &amp; Environmental Audit</li> <li>Effectively Communicate Safety Expectations on Multi-Employer/Contractor Worksites</li> <li>Set &amp; Prioritize Safety-Related Goals</li> </ol>



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Domain 2: Risk Management (6.5 Hours)				
Knowledge of	<ol> <li>Common Liability Exposures</li> <li>Common Types of Insurance Coverage</li> <li>Prevention Through Design Concepts</li> <li>Techniques &amp; Methodologies for Assessing Risk &amp; Implementing Risk Reduction/Control Measures in Processes or Systems</li> <li>The Hierarchy of Controls</li> <li>The Resources &amp; Techniques for Hazard Prevention &amp; Control Management</li> <li>Work Planning &amp; Controls</li> </ol>			
Skill to	<ol> <li>Analyze &amp; Evaluate Safety, Health, &amp; Environmental Risk</li> <li>Apply Prevention Through Design Concepts</li> <li>Apply the Hierarchy of Controls &amp; Evaluate the Effectiveness of Selected Control(S) in Mitigating Various Types of Hazards While Considering the Likelihood &amp; Severity</li> <li>Determine Acceptable Levels of Risk Applicable to Identified Hazards</li> <li>Develop, Utilize, &amp; Modify a Risk Matrix</li> <li>Identify the Best Approach(es) for Assessing Risk in Processes or Systems</li> <li>Identify Safety, Health, &amp; Environmental Hazards</li> <li>Interpret &amp; Apply Information Related to Hazard Prevention &amp; Control Management</li> <li>Prioritize Safety, Health, &amp; Environmental Risk</li> <li>Select, Review, &amp; Refine Implemented Safety, Health, &amp; Environmental Controls to Ensure Effectiveness</li> </ol>			

Domain 3: Safety, Health & Environmental Concepts (7.5 Hours)			
Knowledge of	<ol> <li>Basic &amp; Engineered Hazard Controls for Vibration</li> <li>Basic Hazard Controls for Bloodborne Pathogens &amp; Other Infectious Materials</li> <li>Basic Hazard Controls for Lead</li> <li>Basic Hazard Controls for Temperature Extremes</li> <li>Basic Hazard Controls to Reduce Exposures Created by Health or Physical Hazards</li> <li>Basic Hazard Controls When Working with or Exposed to Electrical Hazards</li> <li>Basic Principles &amp; Practice of Fire Safety, Including Protection &amp; Prevention &amp; Processes that may Introduce Fire Risk in the Workplace</li> <li>Potential Exposures to Molds &amp; Allergens, Including Reactions Exhibited in Individuals</li> <li>Reporting Requirements for Environmental, Health, &amp; Physical Exposures</li> <li>Requirements for Occupational Health Programs in the Workplace</li> <li>Basic &amp; Engineered Controls for Working with or Around Machinery &amp; Equipment</li> <li>Basic Controls for Ergonomic Hazards Associated with the Type of Work, Body Positions, or Strain on the Body from Working Conditions</li> <li>Basic Hazard Controls for Asbestos</li> <li>Basic Hazard Controls for Radiation (Ionizing &amp; Non-Ionizing)</li> </ol>		



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	17. Basic Hazard Controls for Slips, Trips, & Falls (From All Heights &
	Levels) 18. The Definition, Controls, & Levels of Risk When Working in Confined
	Spaces
	19. The Elements in the Globally Harmonized System of Classification &
	Labeling of Chemicals (GHS)
	20. Workplace Stressors that Affect Physical & Mental Health
	1. Apply & Audit the Elements in the Globally Harmonized System of
	Classification & Labeling of Chemicals (GHS)
	2. Recognize Conditions Related to Exposure to Temperature Extremes
	3. Recognize Conditions or Acts Related to Ergonomic Hazards Associated with Type of Work, Body Positions, or Strain on the Body from Working
	Conditions
	4. Recognize Conditions or Acts Related to Potential Exposure to Excessive
	Noise Levels
	5. Recognize Conditions or Acts Related to Potential Exposure to Bloodborne
	Pathogens or Other Infectious Agents
	6. Recognize Conditions or Acts that can Cause Slips, Trips, & Falls (from All
	Heights & Different Levels)
	7. Recognize Conditions that can Lead to Exposures to Molds & Allergens & Reactions Exhibited in Individuals
	8. Recognize Conditions that can Lead to Lead Exposure
	9. Recognize Conditions that can Lead to Asbestos Exposure
	10. Recognize Conditions, Equipment, or Processes that can Lead to Vibration
	Exposure
	11. Recognize Conditions, Equipment, or Processes that can Lead to Potentially
	Harmful Radiation Exposure (Ionizing & Non-Ionizing)
Skill to	12. Recognize Exposure(s) to Hazardous Chemicals in the Workplace or
	Environment
	13. Recognize Fire Hazards, Conditions, & Processes Introduced into the Workplace & Associated Risks
	14. Recognize How Stressors Affect Workplace Conditions & Behaviors
	15. Recognize Unsafe Conditions or Levels of Risk When Working in Confined
	Spaces
	16. Recognize Unsafe Conditions or Levels of Risk When Working with or
	Exposed to Electrical Hazards
	17. Recognize Unsafe Conditions When Working with or Around Machinery &
	Equipment
	18. Utilize Resources to Address, Modify, or Eliminate Electrical Hazards
	19. Utilize Resources to Address, Modify, or Eliminate Hazards of Slips, Trips,
	& Falls (from All Heights & Levels) 20. Utilize Resources to Address, Modify, or Eliminate Hazards of
	Temperature Extremes
	21. Utilize Resources to Address, Modify, or Eliminate Machinery &
	Equipment Hazards
	22. Utilize Resources to Address, Modify, or Eliminate Noise Sources
	23. Utilize Resources to Address, Modify, or Eliminate Radiation Hazards
	(Ionizing & Non-Ionizing)
	24. Utilize Resources to Address, Modify, or Eliminate Vibration Hazards



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Domain 4: Incident Investigation & Emergency Preparedness (5.5 Hours)			
Knowledge of	<ol> <li>Basic Elements of Workers' Injury Claims &amp; Case Management Programs</li> <li>Different Incident &amp; Injury Rates for Comparison</li> <li>Different Tools &amp; Techniques of Causal Analysis</li> <li>Fundamental Elements of an Emergency Response Plan</li> <li>Scenarios that Activate Emergency Action Plans and/or Procedures</li> <li>Techniques that Identify Gaps in an Emergency Response Plan</li> <li>The Components or Elements of an Effective Incident/Accident Management Program</li> <li>The Incident Command Structure &amp; Responsibilities During an Emergency Response</li> </ol>		
Skill to	<ol> <li>Calculate Incident &amp; Injury Rates</li> <li>Conduct a Vulnerability Assessment to Identify Credible Emergency Scenarios</li> <li>Conduct Causal Analysis &amp; Report Findings with Recommendations</li> <li>Identify Gaps in an Emergency Response Plan</li> </ol>		

	Domain 5: Business Case Safety (4 Hours)
Knowledge of	<ol> <li>BCSP Code of Ethics</li> <li>Common Safety, Health, &amp; Environmental Leadership Strategies or Principles</li> <li>Conflict Resolution Techniques</li> <li>Direct &amp; Indirect Costs &amp; Their Impact on the Organization &amp; Workforce</li> <li>Fundamental Principles of Cost/Benefit Analysis</li> <li>Surveys &amp; Indicators for a Generative Safety Culture</li> <li>Methods to Communicate Hazards &amp; Controls to the Workforce</li> <li>Principles &amp; Common Approaches for a Generative Safety Culture</li> <li>Various Methods to Present Technical &amp; Complex Safety, Health, &amp; Environmental Information to Stakeholders/Interested Parties</li> </ol>
Skill to	<ol> <li>Apply BCSP Code of Ethics</li> <li>Apply Common Safety, Health, &amp; Environmental Leadership Strategies or Principles</li> <li>Apply Conflict Resolution Techniques</li> <li>Communicate Strategic Safety, Health, &amp; Environmental Activities, Risks, &amp; Performance Information to Diverse Audiences &amp; Stakeholders/Interested Parties</li> <li>Facilitate or Lead Safety Meetings</li> <li>Identify &amp; Develop a Business Case for Additional Budget, Resources, or Other Support</li> <li>Interpret &amp; Utilize Leading &amp; Lagging Indicators to Drive Continual Improvement</li> <li>Interpret a Cost/Benefit Analysis</li> <li>Write Directives to Meet Safety Objectives &amp; Activities</li> </ol>



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# MOCK Exam

Upon the completion of the course, participants have to sit for a MOCK Examination similar to the exam of the Certification Body through Haward's Portal. Each participant will be given a username and password to log in Haward's Portal for the MOCK Exam during the 30 days following the course completion. Each participant has only one trial for the MOCK exam within this 30-day examination window. Hence, you have to prepare yourself very well before starting your MOCK exam as this exam is a simulation to the one of the Certification Body.

#### **Practical Sessions**

This practical and highly-interactive course includes real-life case studies and exercises:-



# Course Coordinator

Mari Nakintu, Tel: +971 2 30 91 714, Email: mari1@haward.org



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